

MACKINEWS



AUGUST/SEPTEMBER 2011

The Nifty Fifties was a Success!

And an outstanding job was done by all, and I do mean ALL. From our wonderful teachers and beautiful dancers to the backstage moms, ushers, and ALL supporters, came a stunning production full of surprises and excitement. **THIRTY-FOUR** and counting, folks.

Many of you have been in a large percentage of these shows and I hope you are looking forward to appearing in many more. One thing that was different was the absence of Anna Reed Sanchez who has appeared in every show since she was three years old. However, her and little Mia Sanchez made an appearance during the curtain call, which was warmly received by the audience. Thank you Barbara Trotter for all of the work on the 'Fifties' fashion show clothing, and to Barbara West for the beautiful programs and program design; to Susan Eskridge for her invaluable help with EVERYTHING from stage managing to rehearsal scheduling to backstage organizer and beautiful choreography. Thanks also to all of MacKinnon's staff for their unending loyalty and devotion to these shows and to this school. Backstage moms, you are entirely amazing to watch.

We all know that there would be no show without you working behind the scenes to insure our ultimate success. Thank you so very much! Thanks also to Josie Rameriz and her "Expressions of Polynesia" who bring such a beautiful added dimension to MacKinnon's. I love having you here Josie and hope for a long and enduring relationship. Thank you Gina Brenner for selling/taking tickets at the door, you are awesome and did a great job.

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MacKinnon Dance Academy

2200 Outlet Center Drive - #420
Oxnard, CA 93036
805-485-0115
www.mackinnondance.com

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Dates to Remember:

- Seaside Highland Games October 8th and 9th at Seaside Park in Ventura
- Fresno Highland Competition- Saturday September 17th
- Las Vegas Highland Competition- Saturday September 24th
- FUSTA Fundraiser for 2013 USIR in Westminster November 13th
- MacKinnon's Holiday Show "By the Sea" – Sunday December 11th



DANCERS: If you borrowed clothing for the fashion show, please return it as soon as possible so we can catalogue it in our collection. Just check in at the desk and you will be directed as to where to deposit the clothing.



Some of our audience members who dressed for the 'occasion'

The pictures from Roland DeCrescent are taking a little longer this year, but when you see them and what he has done with them, I know you will realize that the wait was worth it. As you might remember, the pictures were taken against a 'green screen', which meant that the backgrounds would be photo shopped in later. Doing this is taking some time and meticulous processing. However, I have seen some of the proofs and I think they are the finest mementoes ever for our dancers. We appreciate your patience. You will be called when the pictures arrive, but it is okay to ask when you come in to see if they are here as yet.

Speaking of pictures, Tomi Murphy of *Yamakawa Photography's* backstage candid photos are so enchanting. Catching dancers off-guard is one of her specialties and she proves this by her collection which you can view in the studio lobby. These pictures are available through her website at info@yamakawaPhoto.com

1. Go to website; 2. Go to on-line store; 3. Select Dance; 4. Password is Love2Dance Thank you so much Tomi for your wonderful contribution to MacKinnon's.

Are you interested in being part of the PURE JOY MOVING COMPANY



This dance company has been in existence since 1976 and has a long and distinguished reputation. Promising dancers are culled from the student body based on the four A's. **Attendance, Attitude, Ability, and Age.**

Eligibility

Attendance: Regularly attends as many dance classes as possible during each week. Makes dance class their primary activity. Is able to juggle homework in order to attend.

Attitude: Maintains an open and friendly attitude during class and whenever at the dance school. Welcomes new students, works as an aide in classes, is able to take corrections without and strives to be a great dancer in all classes.

Ability: Has demonstrated an ability to grasp basic concepts of dance movement and vocabulary; has time to attend the Workshops at least twice a week and sometimes more.

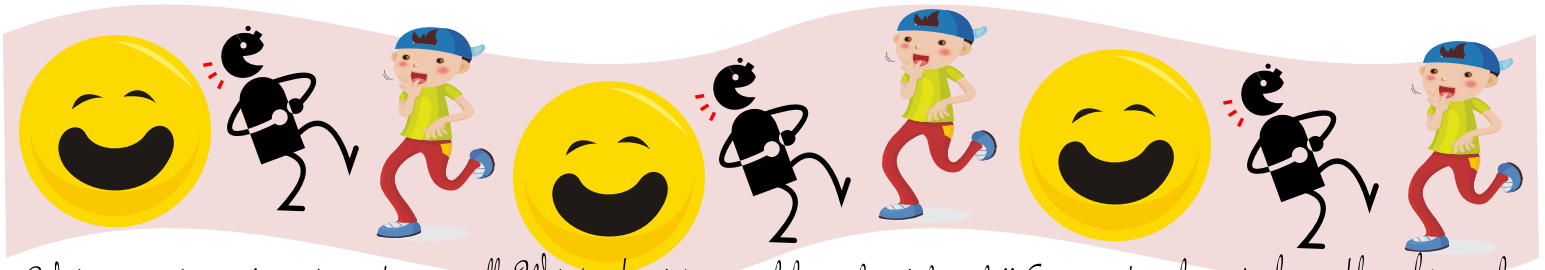
Age: Although this rule varies, I usually like to take students into PJMC as apprentices at twelve years or older depending upon the maturity level. If this sounds good to you, please ask Joy what you need to do to be considered for membership.

MACS-ercise™

an exciting dance fitness class at MacKinnon Dance Academy | 805-485-0115 | www.mackinnondance.com
2200 Outlet Center Drive #420, Oxnard, CA 93036

Are you exercising more but enjoying it less? Do you feel you need to look like Madonna in order to dance to her music? Do you like music from the 50's, 60's, 70's, etc....up to today's noise (you should pardon the expression)? If you answered YES INDEEDY (or any other version of yep) to any of these questions, you need to get your exercising-fun-loving self into MACKINNON DANCE ACADEMY For a MACS-ercise Class as soon as you can walk, drive, run, hobble, or skip over here. No need to already look like a fashion model, no need to be Skinny, no need to be young and FIT, no need, no need. Had a baby or a couple or three? Been sitting around on your butt for too long and you are sick of it? Don't have time to MACS-ercise?

Well - here's the news flash YOU DO HAVE TIME, YOU CAN MAKE TIME,
YOU CAN HAVE FUN, YOU CAN EXERCISE, YOU CAN DO, CAN!



We don't need no fancy outfits, we don't need no extra stuff. We just need music to move us; help to make us feel more buff. Cimon over, dive right in; we're cheap, and fun, so bring your kin.

**FIRST CLASS IS ALWAYS FREE! BRING A FRIEND -
YOUR CLASS IS FREE. BRING TWO FRIENDS; YOUR CLASS IS STILL FREE**

HAHA -
SAME THING.

If you get hooked on it so to speak, you can buy a card for 10 lessons for only \$50.00



you can't beat that with a good set of drumsticks.

Meanwhile, it is only \$7.00 a session....or bring a friend and your class is free,
like I said before if you were paying attention.

TUESDAYS FROM 6:00 TO 7:00 PM AND SATURDAYS FROM 9:00 TO 10:00 AM

**FUSTA WESTERN REGION
Cordially Invites You to Join Us for
Dinner and An Evening of Scottish Music
Song & Dance
Featuring Our Current
2011 USIR HIGHLAND DANCING
CHAMPIONS!**

**WATCH FOR MACKINNON'S
RAFFLE BASKETS
FULL OF GOOD STUFF**

...we are raising money to help support the United States Inter-regional Highland Dancing Championships to be held in Arizona in 2013. The Western region is the host region for this important competition which will entice dancers from all over the world. But of course, this costs money, as everything does. So in addition to the November 13th program (dinner/dance/entertainment) in Westminster, CA, we are holding an in-house raffle as part of MacKinnon's contribution to this fund-raising effort. Please help us out by purchasing a raffle ticket or two. We sincerely appreciate this.

Our own FLORA and PJMC will be performing during the entertainment in Westminster, as well as the current National Highland Dancing Champions. Please mark your calendar.

**Sunday November 13th, 2011
at Westminster Manor**

14041 Beach Blvd., Westminster
(Between I405 & 22)

5PM Social Hour

6PM Dinner

\$37.50 Adults

\$25 Child (12 & Under)

Raffle Baskets, 50/50 Board, Door Prizes & More
Ticket Information: 714-512-1316
dumbartondavey@yahoo.com

2013 USIR Fundraising event – Taxpayer ID Available





MARK YOUR CALENDAR

for our next really big event; **Seaside**

Highland Games. This will take place at Seaside Park

(Fairgrounds) on October 8 and 9. Dancers from all over the country and Canada will compete for trophies, money, medals and other prizes. **MacKinnon Dance Academy** is the host school for the dancing competition. Other events will include Scottish Athletics, Hundreds of vendor booths, featuring gifts and food from Scotland, Ireland and other Celtic goodies, including shortbread and meat pies. You will be treated to a sheepdog exhibition; many Scottish bands, fiddlers and singers as well as displays of sword-fighting and competitions of bagpipe bands from across the state of California. Please plan to attend this important cultural event. We hope to see you all there to celebrate our dancers and the other fascinating displays during the 'Games'. This year we hope to have over 26 of MacKinnon's dancers competing in the Highland Dancing Competition.



MACKINNON'S SCOTTISH COMPETITORS PLEASE fill

in your

registration forms and get them out to Susie ASAP. At last count we only had **SIX** of our dancer's registered.

You do not want to dance first!

DANCE LAST

so the judge can remember you better!



ARE YOU A HEALTHY DANCER:

This information is culled from a Highland Island Fitness Newsletter, but it is appropriate for all dancers.

Dancers must be strong - they are, after all essentially athletes and should keep themselves in great shape. A great deal of keeping in shape is through important and appropriate eating habits. If you do not eat **BREAKFAST** - shame on you. Please take into consideration these easy choices for the most important meal of the day. It should include at least 25% of your daily nutritional requirements and should include both protein and carbohydrates. If you are skipping breakfast because you don't have time, you are also lessening your ability to maintain a strong and healthy body. As a dancer, 'Why' would you do that?

From Highland Island: **BLUEBERRY SMOOTHIE WITH TOASTED CHEESE SANDWICH.** Prep time: 4 minutes. Ingredients: 2 slices whole-wheat bread, 1/2 cup high fibre whole grain cereal, 1/2 to 1 cup skim milk, 1 cup frozen berries, 1 oz low fat cheese. Toast bread, mix cereal milk and berries in the blender. Insert cheese between the warm slices of toast and microwave for 15 seconds. You are off to a great start.

Banana Warp-up's with Milk. Prep time: 2 minutes. Ingredients: 2 tbsp peanut butter, 2 waffles with added fibre, 1 medium banana, 1 cup skim or 1% milk. Microwave the waffles briefly and spread a tablespoon of peanut butter. Cut the banana in half lengthwise and place on the waffles. Roll up to make a wrap. Drink the milk.

Stuff a whole wheat pita with cottage cheese and sliced fruit OR grab a hard-boiled egg, 1/2 a bagel and juice.

The **POINT:** Eat right, skipping breakfast will not help you lose weight and may increase your weight gain. Eat smart - be strong - dance great!

Our 3rd Annual Holiday Show

OCEANVIEW PAVILION
- PORT HUENEME
THEME: By The Sea

DATE: Sunday, December 11

Shows at 12:00 and 1:30 pm

Get ready to enjoy all of our little seashells, sand crabs, mermaids, dolphins, whales, and other sea creatures as we celebrate our third annual HOLIDAY TIMES production. Once again we return to the Oceanview Pavilion in Port Hueneme. More details on this smaller program, which 'features' our younger dancers will be available during October and November. Please watch the bulletin boards, check with your instructors and visit my website to stay informed.

www.mackinnondance.com

Thank you to Barbara West for keeping this information current.



Bring us students! When a student registers and gives your name as a reference, you will receive credit on your account. During September only, bring us a student and you will receive credit for OCTOBER, you won't have to wait the usual 3-month period to receive your credit. If you believe in this school and think it is a good place for dancers, please encourage your friends to check us out at www.mackinnondance.com.

This is a win-win situation, your friend gets to attend this terrific school and you receive credit for their enrollment. Be sure to tell your friend to mention your name!



New Students in August

Isabel Torres
Hailey Melton
Kylie Lan
Isabela Nava
Abigail Ortiz
Trinity Lopez
Maliyah Ortiz
Emma White
Samantha Ramirez
Matiana Hernandez
Lily Rivera
Alexandra Gallo
Solaris Pena
Lillian Gagua
Danika Lopez
Sarah McGraw
Makenzie Rivera
Andrea Reza
Grace Baysinger
Jennifer Bautista
Julianna Benson
Jaelynn Benson
Kalea Manansala
Evelyn Sosa
Isabella Romero



New Students in July

Christabelle Canonizado
Madisen McDowell
Christine Jane Canonizado
Keleani Garcia
Reylene Arellano
Skyler Dunphy
Leslie Vega
Michelle Vega

If you are returning to Dance in SEPTEMBER AND were out for AUGUST with no notice AND AUGUST TUITION WAS NOT PAID to secure you spot – PLEASE CHECK AT THE DESK BEFORE ATTENDING YOUR CLASS.



Student Birthdays in August & September

8/2 ★ Ravyn Baptiste
8/4 ★ Diana Agustin
8/5 ★ Katie Crane
8/8 ★ Julianne Tuttle
8/9 ★ Tonantzin Solorio
8/12 ★ Klarissa Sofia Melgoza
8/13 ★ Kaitlyn Herrera
8/13 ★ Emily Granado
8/14 ★ Paris Robles
8/15 ★ Elizabeth Tenorio
8/15 ★ Zoe Santos
8/15 ★ Elena Jaloma
8/16 ★ Katherine Gonzales
8/16 ★ Camila Cejudo
8/16 ★ Gabriella Nunal
8/17 ★ Callie Meraz-King
8/18 ★ Melia Hiji-Madrid
8/18 ★ Ayreana Martinez
8/18 ★ Maliyah Scharf
8/19 ★ Makenzie Rivera
8/20 ★ Shelby Lawson
8/21 ★ Clara DeLaCerde
8/22 ★ Noelani Ramirez
8/23 ★ Andrea Reza
8/25 ★ Kaylee Ortega
8/28 ★ Sophie Hollub
8/29 ★ Adriana Peralta
8/29 ★ Paige White
8/29 ★ Samantha Patton
8/30 ★ Sophia Roblee
8/30 ★ Amanda Coulson
8/31 ★ Samantha Beltran
9/1 ★ Samantha Skinner
9/2 ★ Phoebe Birchfield
9/4 ★ Angelina Wilson
9/4 ★ Grace Baysinger
9/5 ★ Samantha Cordeo
9/7 ★ Erica Gutierrez
9/8 ★ Janice Lustre
9/8 ★ Aja Madrigal
9/8 ★ Janessa Mares
9/8 ★ Rossandra Martinez
9/10 ★ Brielle Sandoval
9/11 ★ Sarah Trotter
9/11 ★ Madison Paniccia
9/12 ★ Isabel Velasco
9/13 ★ Chloe Ruiz
9/14 ★ Marcela Munoz
9/14 ★ Katelyn Brenner
9/15 ★ Juliette Zavala
9/15 ★ Kaitlyn Cable
9/15 ★ Gonzales Estee
9/17 ★ Mikel Ash
9/19 ★ Divina Miranda
9/20 ★ Jennifer Bautista
9/22 ★ Julianna Benson
9/22 ★ Sage Schneiderbauer
9/24 ★ Lorelei Narula
9/25 ★ Michael Sawyer
9/26 ★ Ileene Arreola-Gonzales
9/26 ★ Samantha Beatty
9/27 ★ Alyssa Escarcega